
The Studio School of Dance

Who is going to be in my class? Who will be my teacher? What will we learn? Will I love it? I can't wait to start dance! I know I'm going to meet new friends! It's so hard to wait!

It's Time To Dance!

Did You Know?

Dance makes people smile and what is better than a happy smile....and of course the confidence gained from that smile. We love to put smiles on the faces of the dancers and their parents. It's an easy thing to do with great teachers and a family feel.

How Do We Know What Comes Next?

A full year of dance is an exciting time for the kids and adults alike. Once classes get started we will send out a handbook on The Studio and how it all works. You can repeatedly look back on the handbook, mark your calendars with important dates and be 'in the know'.

Over the last 28 years we have come to believe that information is imperative to have the ship run smoothly!



It's the First Day of Class - Help!!!

We are almost ready to start another dance year and we are so excited to see you all, ready to dance and excited to be in your new class!

Please drop by the front desk on your 1st day of class and try to arrive a little early. We like to give our Little Kinders a name tag when they arrive. The 1st week is hectic, but somewhat organized and we want to make you as comfortable as possible in your dance environment. All our dancers will wait in the waiting area's of the studio and the teachers will call out your class when the time arrives. There will be several helpers around The Studio - They will be wearing badges and don't hesitate to ask if you have a question! The 1st week is so exciting when all your questions are answered. We like to keep the teachers free to teach all the amazing dancers!

If your dancer would like to try an additional class, free of charge, please just let us know, it's the perfect week to do so!.

1st Day of Class
Saturday
September 14th,
2019

What's New at The Studio

Carleton Place is set to go! It was a busy summer getting everything up to date, but it has turned out to be an amazing new studio space.

Nepean finally got our new sign on the front of the building. Horray. No more Hurricains!

DANCE TIP #2

Where can I get dance clothes for my class and how do I know what to buy! Help please! ?

TSSD like most dance studios has a colour requirement. It's a simple one: KinderStep Classes wear pink bodysuit, any style, pink tights and pink ballet slippers, if doing the tap portion, tap shoes called Mary Jane, beige, with taps already on. Ages 6 & up wear a black bodysuit with either ballet tights (light pink) or for jazz/tap - Beige Tights.

Check out our website under

ABOUT US - Dress Code

You can get supplies at the following places:

The Studio has a decent selection

[Johnny brown.com](http://Johnnybrown.com)

Malabar - Merivale Road.

Brio Dance Supply

Don't forget to check out our Lost & Found throughout the year. It is amazing what gets left behind. We could start a used clothing store!!!!

Join us on Facebook: Teacher Tuesday. Each week a teacher is showcased on Facebook, get to know our amazing staff

Benefits of Dance

"While doing anything physical is still way better than sitting on the couch, using exercise machines that involve a limited range of identical, repetitive movements takes your brain offline, asking very little of it. Doing the same thing over and over again, in life and in your fitness routine, is the enemy of brain health and physical neurological movement, flexibility, and control. It's like asking your brain to solve the same crossword puzzle a thousand times."

Let's Dance....Brain & Body Working Together



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