

# Ballet Bootcamp

With a Twist



**Retrain your brain, spend one week with us get back to class feeling stronger in every discipline.**

Our bootCamp is a one of a kind camp focused on improving technique for dancers at all levels, regardless of body type. Get a personal, one on one Assessment and training plan from a Paula Morgan specialist, and train your body and brain to achieve your best technique. Ideal technique is not achieved the same way by every dancer; develop a strategy that works for your body.

July 17 – July 21, 2017

74 Jamie Ave. Ottawa, ON

The Studio School of  
Dance

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